Occupational Therapy following Total Hip Replacement

What is Occupational Therapy?

Occupational therapy (OT) is a therapy provided by occupational therapists that helps an individual develop skills that will aid in daily activities and promote independent living.

Your therapist will instruct you on the following during your hospital stay:

Lower body dressing

Sitting

Standing

Lying

Bedside commode transfers

Tub bench/shower transfers

Equipment that may be recommended for home:

Walker

Bedside commode

Tub bench/shower chair

Leg lifter

Adaptive equipment for lower body dressing